

**Title of the Invention**

**METHODS AND INSTRUMENTATION TO TREAT OBESITY**

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**Field of the Invention**

The present invention relates to the field of gastrointestinal surgery methods and instruments for the treatment of obesity.

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**Background of the Invention**

Morbid obesity affects from about 3% to 5% of the population. The severely obese are at significantly greater risk of premature death, heart disease, stroke, diabetes mellitus, cancer, pulmonary diseases, orthopedic complications and accidents.

The obese are also subject to discrimination in society, the workplace, etc.

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Several methods for treatment of morbid obesity include diets, pills, and other weight-reducing plans. Mechanical devices for insertion into the stomach, e.g., gastric balloons, to at least partially occupy the stomach have also been utilized. These approaches, however, are generally effective for a limited period of time. In addition, over 95% of those participating in such approaches regain their original weight, and, in many

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instances, gain additional weight.

Methods for treating obesity proven effective over the long term include surgery to restrict the amount of food consumed at one sitting and to change the digestive process such that less of the food consumed will be absorbed into the body. These procedures are collectively known as Bariatric Surgery and include Gastroplasty, Gastric Banding and

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Gastric Bypass.

Gastroplasty incorporates separating the stomach into two pouch areas, e.g., an upper pouch and a lower pouch, through stapling. A small opening or stoma is then formed through the row of staples. Thus, the consumed food collects within the upper pouch and passes through the stoma and into the lower pouch at a reduced rate thereby giving a sensation of fullness to the individual to limit the amount of food intake.

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Disadvantages of this procedure include expansion of the upper pouch and the stoma which thereby minimizes long term effectiveness of this procedure.

In Vertical Banded Gastroplasty (VBG), an upper gastric pouch is formed within the stomach by applying a vertical row of staples. A band (e.g., a Marlex mesh) is applied about the stomach adjacent the staple line to prevent dilation of the outlet port extending from the upper pouch into the remaining portion of the stomach. The Vertical Banded Gastroplasty (VBG) method, however, is subject to certain disadvantages including problematic post-operative healing, high rate of complications such as wound infection, pulmonary emboli, gastric perforation, gall bladder stones, etc.

Gastric Bypass combines the elements of intestinal rearrangement with a smaller stomach pouch. More particularly, with this procedure, the stomach is divided into an upper pouch and a lower pouch. The upper pouch, which receives the consumed food, is greatly reduced in capacity and is directly connected to the small intestine. However, conventional gastric bypass techniques involve invasive surgical approaches which have a deleterious effect on patient recovery and down time.

During a typical Gastric bypass procedure, the bowel is resected at a location below the duodenum. The end of the resected bowel is then conjoined with the upper pouch previously formed in the stomach. The bowel and stomach are joined together using circular anastomosis stapler. Such staplers have a removal anvil that must pass through the stomach and bowel thereby forming a circular hole (or anastomosis) for food to pass through. As this hole is formed, the stapler staples together the bowel and upper pouch. There are two recognized approaches for positioning the anvil so that the anastomosis may be formed. First, the anvil may be passed down the esophagus. This approach involves a number of risks, but primarily bears the risk puncturing the esophagus with the sharp end of the anvil, or lodging the anvil in the esophagus. Second, the anvil may be inserted into the upper pouch with an incision on the side of the upper pouch. While this approach avoids the risk of damaging the esophagus, it also has drawbacks. It creates an incision that must be sewed back up, and potentially narrow the pouch. And it is difficult for the surgeon to position the anvil at the most ideal situs in

the upper pouch. Accordingly, there is a need for improved laparoscopic procedures for performing a gastric bypass procedure.

### Summary of the Invention

5           Accordingly, the present disclosure is directed to surgical instrumentation and methods for performing a bypass procedure in a digestive system, which incorporates laparoscopic techniques to minimize surgical trauma to the patient. In one preferred embodiment, the subject invention is directed to an apparatus to facilitate the intracorporeal manipulation of a circular anastomotic stapler anvil. This embodiment  
10 allows for the safe handling of the anvil by utilizing a click-together construct. The tip of the instrument preferably comprises the ability to be deflected, or in other words is a "roticulating" end. Further, the apparatus is preferably a small size so that it may fit through standard laparoscopic ports. The size of the apparatus will allow for facile passage through a small enterotomy. Once through the enterotomy, the anvil can be  
15 attached to the end of the apparatus, thereby allowing safe and reproducible passage to the site of need.

          According to another embodiment, the subject invention relates to a method of utilizing the subject apparatus in a modified roux-en-y gastric bypass procedure. According to this method, a lateral teat is made in the gastric pouch using conventional  
20 endoscopic staplers. A small enterotomy is made at the desired location proximate to the end of the staple line. A small portion of the teat is then excised. The subject apparatus described above is then passed through the enterotomy and out through the defect in the teat. The anvil of a conventional surgical stapler is then attached to the end of the apparatus. The apparatus with the anvil attached is directed back out of the enterotomy  
25 until the anvil is positioned at its desired location. The apparatus then releases the anvil, wherein the anvil is then mated with circular stapler. Upon firing the circular stapler, the circular gastrojejunostomy anastomosis is completed by conventional techniques. In addition, either before or after forming the gastrojejunostomy anastomosis, the lateral defect is easily closed with a standard linear stapler completing the usual linear proximal  
30 pouch; using this construct, the pouch will not be narrowed.

A method for performing a bypass procedure in a digestive system is also disclosed, which includes the steps of isolating an upper stomach portion of the stomach of a patient, resecting the bowel to define a bowel portion disconnected from the stomach, and connecting the bowel portion and the upper stomach portion. The step of  
5 connecting is preferably performed with a circular anastomosis instrument. The method may further include the step of introducing an anvil adapted for use with the anastomosis instrument through a side portion of the upper stomach portion and introducing a circular anastomosis instrument into the bowel portion. The anvil and the circular anastomosis instrument are connected, and the circular anastomosis instrument is fired to connect the  
10 bowel portion and the upper stomach portion.

The step of isolating may include positioning a linear stapler instrument about the stomach and firing the linear stapler to isolate the upper stomach portion with respect to the remainder of the stomach. The step of isolating preferably comprises the formation of a teat portion on the upper stomach portion. Similarly, the step of resecting includes  
15 positioning a linear stapler about the small bowel and firing the linear stapler. The linear stapler may have a knife blade associated therewith and wherein upon firing the knife blade is actuated to resect the bowel to define the bowel portion.

It is to be understood that the foregoing general description and the following detailed description are exemplary and explanatory only and are not to be viewed as  
20 being restrictive of the present, as claimed. These and other objects, features and advantages of the present invention will become apparent after a review of the following detailed description of the disclosed embodiments and the appended claims.

#### Brief Description of the Drawings

**Figure 1** shows a perspective view of an embodiment of the subject instrument.

25 **Figure 2** shows current art circular stapler anvil portions.

**Figure 3** shows one embodiment of a gastric bypass procedure according to the subject invention. Figure 3A-F depict different steps of the procedure.

**Figure 4** shows a side view of one embodiment of the subject invention. Figure 4A shows the mating portion of the embodiment designed for Ethicon-type Anvils. Figure 4B shows the mating portion of the embodiment designed for Tyco-type anvils, which utilizes a coupler.

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#### Detailed Description of the Preferred Embodiments

Turning to Figure 1, shown is an exemplary embodiment **100** of the subject surgical instrument for use in manipulating various surgical components, e.g., anvil portions of conventional circular staplers. Instrument **100** comprises an elongated body portion **118**. Extending from the elongated body portion is a flexible body portion **112**,  
10 which can be deflected at a specified angle. In a preferred embodiment, the flexible body portion **112** comprises a hinge **113** at which the flexible body portion **112** may be bent (or deflected). Preferably, the flexible body portion **112** comprises a cross-sectional diameter of 3-15 mm. Preferably, the cross-sectional diameter is about 5 mm. At the end  
15 of the flexible portion **112**, there is a tip **103** especially adapted for connecting or grasping the surgical component to be manipulated. At the proximal end of the instrument **100**, there is a handle assembly **109**. The handle assembly **109** comprises a handle grip **114** and a pivotally mounted actuating lever **116**. When the actuating lever **116** is pivoted it controls the release of the surgical component inserted into tip **103**. The  
20 instrument **100** comprises a rotatable adjusting knob **110** mounted at the distal end of the handle assembly **109** for rotating the body **118** and flexible body portion **112**. The handle assembly also comprises a slidably mounted actuator **111** for controlling the articulating movement of the flexible body portion **112**. As used herein, the term "roticulate" refers to the flexible body portion's **112** ability to be rotated and articulated for easy  
25 manipulation in tight spaces typically faced during laparoscopic techniques. The rotation may be in conjunction with rotation of the body **118** or separate.

Not to be construed as limiting, the internal mechanical components of the instrument could be constructed according to the instrument described in U.S. Patent Nos. 5,829,662; and 6,464,711. Those skilled in the art equipped with the teachings

herein would be readily able to build the necessary mechanical design of the instrument to achieve the rotating and articulating characteristics of the flexible body portion **112**. Further, using skills and known materials, in view of the teachings herein, the skilled artisan would be able to build the releasing mechanism positioned in the tip **103** for releasing the surgical component. In a preferred embodiment, the surgical component to be grasped, manipulated and released is an anvil of a circular anastomosis stapler.

Shown in Figure 2A and B are examples of conventional circular stapler end portions and anvil portion. Figure 2A shows an embodiment **200** illustrative of a type like the TYCO brand circular stapler and Figure 2B shows an embodiment **201** illustrative of a type like the ETHICON brand circular stapler. See, for example, U.S. Patent Nos. 5,327,914; 5,718,360; 4,603,693; and 5,104,025, for example. Embodiment **200** utilizes an anvil **209** comprising a pointed engagement end **210** that engages a receiver **220**. When the anvil portions are engaged and the circular stapler fires, it produces a circular anastomosis at the intended site. Embodiment **201** comprises and anvil **214** comprising an engagement end **211** which acts a receiver for the pointed male end **212** of the circular stapler **201**.

Shown in Figures 3A-F is a frame-by-frame depiction of a gastric bypass method utilizing the instrument **100** depicted in Figure 1. According to this method, laparoscopic techniques preferably are utilized as conventionally performed in the art. Examples of such techniques are described at [http://www.sabariatric.com/laparoscopic\\_gbp.htm](http://www.sabariatric.com/laparoscopic_gbp.htm) and U.S. Patent No. 6,543,456 Typically, five small openings (each less than one-half inch long) are made in the abdomen. These openings allow the surgeon to pass a light, camera, and surgical instruments into the abdomen. The abdomen is inflated with gas (carbon dioxide) in order to allow the surgeon to get a better view of your stomach and internal structures. Once proper access to the gastrointestinal organs is achieved, the subject method involves the formation of an upper stomach pouch **304** using a conventional linear stapler **300**, such as Endopath ETS Endoscopic Linear Cutter, made by Ethicon EndoSurgery, in Cincinnati, Ohio. Furthermore, the small intestine, preferably between the first 30-45 cm of the jejunum (even more preferred, distal to the Ligament of Treitz), **308** is transected with a linear stapler **300** at a transection line **310**. An opening is made in

the end of the transected intestine to insert a circular stapler as shown in Figures 3D-E.

Also, it should be noted that the upper stomach pouch **304** is opened to pass the instrument **100** through its lower end and around to the side where the anvil **209** is inserted. According to conventional enteroenterostomy surgical techniques, the upstream portion of the small intestine **312** is attached downstream of the transection line **310**. This allows drainage of pancreatic, biliary and gastric secretions to be delivered to the small intestine. The upper stomach portion **304** is cut to produce a protrusion or "teat" **306** at the side of the upper stomach portion **304**. Turning to Figure 3B, the flexible body portion **112** of the embodiment **100** is inserted at a location at the bottom of the upper stomach portion **304**, and proximate to the suture line of the upper stomach portion **304**, through a small opening created by the surgeon. The flexible body portion is deflected such that it may easily be passed through the upper stomach portion **304** and out of the teat **306**. As mentioned above, the teat **306** is opened so that the anvil **209** may be grasped onto by the instrument **100**. The anvil **209** is attached to the flexible body portion **112**, at the tip **103**.

The flexible body portion **112** is then pulled back out of the upper stomach portion **304** such that the anvil **209** is positioned into the desired location. The anvil **209** is then detached from the flexible body portion **112**. See Figure 3C. The transected small intestine **308** is abutted against the bottom of the upper stomach portion such that the engaging end of the anvil **210** passes through the transected small intestine **308**. The receiving end of a conventional circular stapler **220** is then inserted into the end of the transected small intestine **308** (as mentioned *supra*, the transected end has been opened to allow passage of the circular stapler) and engaged to the anvil **209**. The circular stapler is fired thereby creating an anastomosis (see Figure 3D). The ends of the transected small intestine **308** and the teat **306** are then resected and sealed with a conventional linear stapler **300**.

Figure 4 shows the flexible body portion **112** and tip **103**, and locking means **105** configured to engage the engagement end **210** of the Tyco-type anvil **209**. In Figure 4B, the subject invention provides a novel coupler **410** to assist in the engagement of engagement end **211** of the Ethicon-type anvil to the flexible body portion **112**. Those

skilled in the art will appreciate that any suitable locking means may be implemented into tip 103 of the flexible body portion 112. The locking means is preferably configured such that the engagement ends spring lock into place when inserted into the tip 103. A release mechanism is preferably interconnected to the locking means such that the release is actuated near the proximate end of the subject surgical instrument, preferably the pivotally mounted actuation lever 118.

It will be recognized that equivalent methods may be substituted for the methods illustrated and described herein and that the described embodiment of the invention is not the only method that may be employed to implement the claimed invention. Physicians may prefer to employ other types of surgery on the digestive system using an embodiment of the described surgical instrument. An embodiment described is in a Roux-en-y gastric bypass procedure. Other types of gastric bypass procedures may include those in which the stomach is not divided by severing a portion of it. A portion of the stomach is instead separated from the rest by staple lines only, as in a gastroplasty. Other type of gastric bypass procedures may further include those in which the gastric pouch is formed from alternate portions of the stomach such as a portion along the lesser curvature, rather than along the fundus as previously described. What is critical is that the anvil may be inserted into the GI tract without the need to pass it down the esophagus or by creating a large incision proximal to where the anvil needs to be positioned.

All patents, patent applications, publications, texts and references discussed or cited herein are incorporated by reference to the same extent as if each individual publication or patent application was specifically and individually set forth in its entirety. Nothing herein is to be construed as an admission that the invention is not entitled to antedate such disclosures by virtue of prior invention. In addition, all terms not specifically defined are first taken to have the meaning given through usage in this disclosure, and if no such meaning is inferable, their normal meaning. Where a limitation is described but not given a specific term, a term corresponding to such limitation may be taken from any references, patents, applications, and other documents cited herein, or, for an application claiming priority to this application, additionally from an Invention



Disclosure Statement, Examiner's Summary of Cited References, or a paper otherwise entered into the file history of this application.

The present invention is not to be limited in scope by the specific embodiments described herein. Indeed, various modifications of the invention in addition to those  
5 described herein will become apparent to those skilled in the art from the foregoing description. Such modifications are intended to fall within the scope of the appended claims. Thus, for the above variations and in other regards, it should be understood that the examples and embodiments described herein are for illustrative purposes only and that various modifications or changes in light thereof will be suggested to persons skilled  
10 in the art and are to be included within the spirit and purview of this application and the scope of the appended claims.